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## Paintamers: To Inform, Empower and Equip the Person with Chronic Pain

By Helen M. Dearman

Strategic Book Publishing. Paperback. Book Condition: New. Paperback. 396 pages. Dimensions: 8.9in. x 6.0in. x 1.1in. Pain medicine is a relatively new field of medicine. Although easing pain has been an imperative in medical practice from the beginning of medical care, we know very little about how to effectively treat pain. The last three decades has been close to an explosion of knowledge of the mechanisms, chemistry, and biology of pain but with a slow uptake in translating that knowledge to medical care. There have been some important advances in how to care for pain but the public and most medical practitioners are still unaware. This state of affairs makes it very clear why this important anthology needs to be read. One of the important things we have recently learned about pain is that it is complex. There are many different kinds of pain and there are many different responses to the types of treatments. PainTamers collects the thoughts and perspectives of several people living with pain and several medical experts who practice different types of pain medicine. Pain is complex, as complex as the subject matter. Taken together, the patient stories and the perspectives of the multiple medical practitioners, PainTamers...



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