



Preteen Parenting Handbook: Nurturing Your Relationship (Paperback)

By Janet Manning

Fastpencil Inc, United States, 2014. Paperback. Book Condition: New. 224 x 147 mm. Language: English . Brand New Book ***** Print on Demand *****.Janet Manning is a Registered Nurse and Health Coach. She has experienced firsthand how stressful the preteen years can be for both child and parent. That's what inspired her to create this simple guide for parents to stay close to their child through the preteen years. Janet believes in nurturing a child's spirit and focusing on their strengths. She also believes that the way parents feel about themselves, reflects in their children. She encourages parents to take care of themselves, in order for their children to truly thrive and have healthy relationships.



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-- **Dr. Blaze Runolfsson IV**

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