



## Faith Steps for Military Families: Spiritual Readiness Through the Psalms of Ascent (Hardback)

By Lisa Nixon Phillips

Morgan James Publishing, United States, 2014. Hardback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book. There is much preparation made in advance of an upcoming deployment, but sadly spiritual readiness rarely makes it on the check-off list. The military community agrees that war inflicts injuries to the souls of our service members, but faith is the glue that makes a difference in coping with adversity or when living under difficult circumstances such as the military lifestyle. Faith Steps for Military Families: Spiritual Readiness Through the Psalms of Ascent explores the themes of the fifteen Psalms of Ascent (Psalms 120-134) in the book of Psalms in the Bible. These special psalms, packed full of rich and descriptive metaphors reveal common military themes such as traveling to or living in unfriendly environments, enduring dry and sometimes desperate times, mastering restlessness and dissatisfaction in a complex lifestyle, coping with unforeseen conditions, fear, lack of unity, and other topics. The ancient Israelites, called, Pilgrims in these Psalms of Ascent sung these psalms while traveling by foot to the great festivals of Jerusalem. Lisa Phillips, a retired military wife shares some of her experiences, while walking you through the meanings of...

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