



Mud Sweat and Tears Junior Edition

By Bear Grylls

Random House Children's Publishers UK. Paperback. Book Condition: new. BRAND NEW, Mud Sweat and Tears Junior Edition, Bear Grylls, How did Bear Grylls become one of the world's toughest adventurers? This is the thrilling story of everyone's favourite real-life action man - from secret childhood missions to climb the town's school buildings and steeples, to starring in his own global TV series and becoming Chief Scout to the Scouting Association. Known and admired by millions, Bear Grylls has survived in dangerous environments few would dare to visit. Find out what it's like to take on mountaineering, martial arts, parachuting, life in the SAS - and all that nature can throw at you! It is abridged for younger readers.



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Reviews

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