



## Detox Diet Smoothies 28 Detox Diet Drinks

By Juliana Baldec

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 138 pages. Dimensions: 9.0in. x 6.0in. x 0.3in. Detox Diet Smoothies BONUS - Includes a FREE copy of Delicious and Healthy Smoothie Recipes to stay healthy, fit and lean. This is a compilation of 2 Smoothie Super Foods books that you can make with your Ninja Blender, Nutribullet, or Vitamix. In total you will receive 28 Detox Diet Smoothies Detox Diet Drinks, Powerful Fat Burning Smoothies and Healthy Smoothie Blender Recipes. Smoothie Super Foods Book 1: Blender Recipes For Weight Loss: 16 Blender Recipes For Smoothie Diet and Detox Diet Juliana will show you how she uses powerful hi-speed smoothie makers like the Nutribullet, Vitamix or Ninja to tear through chard, kale, frozen berries, coconut, walnuts, almonds, chia seeds, broccoli, papaya, avocado, pecan nuts, hazel nuts and other lean and clean detox, fat burning and weight loss superfood ingredients and transforms them into these heavenly tasty smoothies when she is done. Juliana shows you how to keep the nutrition of the super foods inside and the healthy pulp inside the detox drink. She has the lifestyle of healthy smoothie drinks for detox and fat burning down to...



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